



TRUE BALANCE OF HEALTH AND
DELICIOUSNESS AT KANISHKA

DEVOUR A LUNCH DELICIOUSLY BALANCED

Make your new year's resolutions easy with Atul Kochhar's healthy, fresh, fast and delicious lunch dishes - for only £10.00.

All lunch bowls and drinks are packed with vitamins, lots of spice and flavour. They are all also super healthy.

So divinely is the world organised that every one of us, in our place and time, is in balance with everything else.

Johann Wolfgang von Goethe



KANISHKA

DIVINE DETOX LUNCH BOWLS

10

Wild Mushroom Soup (v)

Grilled 'chicken' of the woods mushrooms,
truffle ghee, garlic naan

Tandoor Roasted Pumpkin (v)

Orange pomegranate salad, missi roti croute

Grilled Vegetable, Red Rice and Apple Salad (v)

Spiced chickpea purée

Beetroot and Chestnut Cheela Roll (v)

Indian answer to Italian rotolo pasta

Steamed Fish Mousse

Paupiette soup, curry sauce, noodles

Bengali Kasundi Mustard Grilled Chicken

Jhol gravy, red rice

Lamb and Egg Scotch Egg

with gravy and rice

NON-ALCOHOLIC COCKTAILS

6.5

– Created using innovative methods
of reducing waste –

Lemon and Elderflower Drops

Seedlip Citrus, discarded lemon and lime shrub,
Lixir elderflower and lemon

Pineapple Blossom

Seedlip Spice, pineapple skin shrub, black
cardamom syrup, Lixir blood orange tonic

Beetroot and Carrot Zing

Seedlip Spice, kitchen trimming shrub (beetroot
and carrot), fennel seed syrup, ginger ale

Cranberry and Apple Twist

Everleaf, cranberry, apple and cinnamon syrup,
ginger beer

LASSI 5

Turmeric and Honey

Lemon and Ginger

Smoked Salt

COOLERS 4

Fresh

Watermelon, cucumber, green cardamom

Refreshing

Lemongrass, kaffir, mint

Smooth

Buttermilk

LOW CALORIE 4

Mango and Ginger Twist

Nix and Kix mango and ginger
with a pinch of Cayenne

Orange and Turmeric Fix

Nix and Kix blood orange and turmeric
with a pinch of Cayenne

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